

Informații importante legate de derularea concursurilor, postate conform H.G. 56/2024

UNIVERSITATEA DIN CRAIOVA
FACULTATEA DE EDUCAȚIE FIZICĂ ȘI SPORT
Departamentul 05- Teorie și Metodică a Activităților Motrice

Postul profesor universitar, poz. 5

Discipline: Teorie și practică în sportul de înaltă performanță-fotbal, Metodica predării fotbalului în școală

Domeniul științific: Știința Sportului și Educației Fizice

Descrierea postului scos la concurs:

Atribuțiile/activitățile aferente postului scos la concurs, incluzând norma didactică și tipurile de activități incluse în norma didactică, respectiv norma de cercetare:

I. Normă didactică:

Activități de predare	154 ore
Activități aplicative (seminar, proiecte de an, laborator)	238 ore
Alte activități	112 ore

Total I: 504 ore

Media săptămânală 18 ore convenționale

II. Activități de pregătire științifică și metodică și alte activități în interesul învățământului (maximum 916 ore convenționale/an)

Proiecte si activitati in interesul facultatii certificate de Decan	40 ore
Activitati stagiu practic studenti	150 ore
Consultații (maxim 2 ore/săptămână)	56 ore (2x28)
Indrumare lucrări de disertatie	94 ore
Participare in comisii de licenta/disertatii	40 ore
Coordonarea studenților în vederea participării la conferințe studențești	20 ore
Activități de organizare a examenului de admitere	50 ore
Participare competiții sportive studențești	46 ore
Redactarea cursurilor/lucrărilor practice	100 ore
Evaluare studenți	100 ore
Participare la ședințe în interesul învățământului	60 ore
Participare comisii grade didactice	160 ore

Total II: 916 ore

III. Normă de cercetare 300 ore (elaborarea comunicărilor științifice, redactarea de studii și articole, editare cărți, participări la manifestări științifice naționale și internaționale)

Total III: 300 ore

Total I + II + III: 1720 ore

Tematica probelor de concurs, inclusiv a prelegerilor, cursurilor sau altor asemenea sau tematicile din care comisia de concurs poate alege tematica probelor susținute efectiv:

1. Tehnica jocului de fotbal. Elemente tehnice de transmitere a mingii – lovirea mingii cu piciorul, lovirea mingii cu capul și aruncarea de la margine.
2. Tehnica jocului de fotbal. Elemente tehnice de intrare în posesie a mingii – preluarea mingii și deposedarea adversarului de minge.
3. Organizarea jocului în faza ofensivă
4. Tranziția defensivă: organizare și instruire
5. Organizarea jocului în faza defensivă

Bibliografie:

- Abate Daga, F., Veglio, F., Cherasco, G.M., Agostino, S. (2023). The Influence of Subjective Perceptions and the Efficacy of Objective Evaluation in Soccer School Players' Classification: A Cross-Sectional Study. *Children*, 10, 767. <https://doi.org/10.3390/children10050767>
- Anderson, D. I., & Sidaway, B. (1994). Coordination changes associated with practice of a soccer kick. *Research quarterly for exercise and sport*, 65(2), 93–99.
- Baranovič, T., & Zemková, E. (2021). The Relationship between the Performance of Soccer Players on the Curved Sprint Test, Repeated Sprint Test, and Change-of-Direction Speed Test. *Applied Sciences*, 11(12), 5355.
- Barbu, D. (2010). *Fotbal. Curs de bază pentru studenți*. Edit. Universitaria.
- Barbu, D., Stoica, D. (2020). *Fotbal - Modele strategice în pregătirea tactică*. Edit. Universitaria.
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- Bukowska, J.M., Jekiełek, M., Kruczkowski, D., Ambroży, T., Jaszczur-Nowicki, J. (2021). Biomechanical Aspects of the Foot Arch, Body Balance and Body Weight Composition of Boys Training Football. *Int. J. Environ. Res. Public Health*, 18, 5017. <https://doi.org/10.3390/ijerph18095017>
- De Jong, L. M. S., Gatin, P. B., Angelova, M., Bruce, L., & Dwyer, D. B. (2020). Technical determinants of success in professional women's soccer: A wider range of variables reveals new insights. *PLoS One*, 15(10): e0240992.
- De Maesschalck, P. (2013). *Belgian input from Club Brugge*.
- Dos'Santos T, Thomas C, Jones PA. (2019). Comfort P. Assessing asymmetries in change of direction speed performance; application of change of direction deficit. *J. Strength Cond. Res.* 2019;33(11):2953-2961.
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DECAN,
Prof. univ. dr. Mircea Dănoiu

DIRECTOR DEPARTAMENT,
Conf. univ. dr. Marian-Costin Nanu

Important information related to the conduct of the competitions, posted in accordance with H.G. 56/2024

UNIVERSITY OF CRAIOVA

FACULTY OF PHYSICAL EDUCATION AND SPORT

Department 05 – Theory and Methodology of Motor Activities

Position: Full Professor, Position No. 5

Courses: Theory and Practice in High-Performance Sport – Football; Methodology of Teaching Football in School

Scientific Field: Sport Sciences and Physical Education

Job Description (Position Open for Competition):

The duties and activities associated with the position, including the teaching workload and the types of activities included therein, as well as the research workload, are as follows:

I. Teaching Workload:

Teaching activities: 154 hours

Practical activities (seminars, course projects, laboratory work): 238 hours

Other activities: 112 hours

Total I: 504 hours

Weekly average: 18 conventional hours

II. Scientific and Methodological Preparation Activities and Other Activities in the Interest of Education (maximum 916 conventional hours/year):

Projects and activities in the interest of the faculty, certified by the Dean:	40 hours
Student practical training (internship) activities:	150 hours
Consultations (maximum 2 hours/week):	56 hours (2×28)
Supervision of master's theses:	94 hours
Participation in bachelor's/master's examination committees:	40 hours
Coordination of students for participation in student conferences:	20 hours
Organization of admission examinations:	50 hours
Participation in student sports competitions:	46 hours
Preparation of course materials/practical works:	100 hours
Student assessment:	100 hours
Participation in meetings in the interest of education:	60 hours
Participation in teaching certification committees:	160 hours

Total II: 916 hours

III. Research Workload:

300 hours (preparation of scientific communications, writing studies and articles, book editing, participation in national and international scientific events)

Total III: 300 hours

Grand Total (I + II + III): 1720 hours

Topics for the Competition Examinations (including lectures, courses, or similar activities; the examination committee may select from the following topics):

1. Football technique. Technical elements of ball distribution – kicking the ball, heading, and throw-in
2. Football technique. Technical elements of gaining possession – ball control (first touch) and dispossessing the opponent
3. Organization of the play in the offensive phase
4. Defensive transition: organization and training
5. Organization of the play in the defensive phase

References:

- Abate Daga, F., Veglio, F., Cherasco, G.M., Agostino, S. (2023). *The Influence of Subjective Perceptions and the Efficacy of Objective Evaluation in Soccer School Players' Classification: A Cross-Sectional Study*. *Children*, 10, 767. <https://doi.org/10.3390/children10050767>
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- Barbu, D., Stoica, D. (2020). *Football – Strategic Models in Tactical Training*. Universitaria Publishing House
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- Häkkinen, K., Komi, P. V., & Alén, M. (1985). *Effect of explosive-type strength training on isometric force, relaxation time, electromyographic and muscle fibre characteristics of leg extensor muscles*. *Acta Physiologica Scandinavica*, 125(4), 587–600

DEAN,

Professor Mircea Dănoiu, PhD

HEAD OF DEPARTMENT,

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